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NOW available free of charge to family preservation workers and supervisors of MDHHS-contracted private agencies!

Most trainings in this catalog are offered online!

2023 Child Welfare In-Service Training

for the Michigan Department of Health and Human Services and MDHHS-Contracted Private Agencies

ALL trainings in this catalog are approved by the MDHHS for in-service training hours

Delivered by Michigan Graduate Schools of Social Work

OFFERING SOCIAL WORK CONTINUING EDUCATION CREDIT HOURS



School of Social Work MICHIGAN STATE UNIVERSITY



Contents

3	Introduction
4	FAQs
5-6	Andrews University
7	Eastern Michigan University
8	Ferris State University
9	Grand Valley State University
10-11	Michigan State University
12	Northern Michigan University
13	Saginaw Valley State University
14	Spring Arbor University
15	University of Michigan
16	Wayne State University
17-18	Western Michigan University
19-22	Webinars
23	On Demand Training Courses
24-27	Previously recorded live webinars, accessible on-demand online offered by Michigan State University
28-29	Calendar of Trainings

Schools of Social Work

Andrews University
Eastern Michigan University
Ferris State University
Grand Valley State University
Madonna University
Michigan State University
Northern Michigan University
Saginaw Valley State University
Spring Arbor University
University of Michigan
Wayne State University
Western Michigan University

Introduction

Given the challenges of the work and the importance of the outcomes—the well-being and safety of children and families—a well-trained child welfare workforce is essential. That knowledge acquisition and skill development began in colleges and universities, was focused through pre-service training, and is continued and deepened through in-service training. We are proud to offer these courses for your consideration and participation in your ongoing professional development.

Our mission is clear and important: the schools of social work partnering to provide in-service training that aims to serve Michigan children and families by strengthening the child welfare workforce.

We value:

1. **Anti-racism.** We promote training that advances anti-racist child welfare practice and encourages respect for diversity, equity, and inclusion.
2. **Collaboration.** We value partnerships and working together with the Michigan Department of Health and Human Services (MDHHS), private agencies, and social work education programs.
3. **Quality.** We are committed to high quality, relevant, and up-to-date training topics and teaching methods.
4. **Responsiveness.** We listen to our partners and participants and value feedback to adapt to the training needs of the workforce.
5. **Accessibility.** We want our training to be readily available and affordable across the state of Michigan.

“Child welfare isn’t rocket science. It is harder.”

—David Liederman, former director of the Child Welfare League of America

We are pleased to present this in-service training catalog—the product of this dynamic partnership between MDHHS and the 12 Michigan graduate social work programs. We appreciate the commitment and support of MDHHS Director Elizabeth Hertel and her Children’s Services Agency leadership team led by Executive Director Demetrius Starling. A special thanks to the MDHHS training team led by Dr. Stacie Gibson and including Laura Schneider and Meon Stubbs.

Each training is supported by a school of social work. Questions about individual trainings should be directed to the sponsoring school. With the support of MDHHS, we are able to offer these sessions free of charge. Each training is approved for social work continuing education credit hours. We encourage all Children’s Protective Services, foster care, adoption, residential care, and prevention services professionals and their supervisors to enroll.

Thank you for your interest and support.

Gary R. Anderson, PhD, MSW, Professor
Kadi M. Prout, LMSW, In-Service Project Manager
Michigan State University School of Social Work

These child welfare trainings are offered **FREE OF CHARGE** for MDHHS child welfare and family preservation workers and supervisors and MDHHS-contracted private agencies’ child welfare and family preservation workers and supervisors on a **FIRST COME, FIRST SERVE BASIS.**

REGISTRATION for each training will close once the 35-person capacity has been reached.

If you register and know in advance you cannot attend, you must contact the university so your slot can be offered to another individual.

This Child Welfare In-Service Training initiative was made possible through a grant from the Michigan Department of Health and Human Services.

FAQs

- 1 As a child welfare worker or supervisor, how many in-service training hours do I need to complete?** All public and private child welfare staff are required to complete 32 hours of in-service training each calendar year (January through December). This includes caseload carrying and other child welfare staff with specialized and supportive positions to CPS, foster care, and adoption. Additionally, child welfare supervisors are required to obtain 16 hours of in-service training each fiscal year.
- 2 How do I record these in-service training hours to show that I am meeting this requirement?** Add the training to the Michigan Department of Health and Human Services (MDHHS) Learning Management System (LMS) as external training. Your supervisor will receive an email to approve it to be added to your transcript.
- 3 I see that each training in this catalog has a curriculum reference. What does this mean?** Child welfare and family preservation workers have the opportunity to attend training each year that is based upon a curriculum developed in partnership with the MDHHS Office of Workforce Development and Training and the workforce. Workers should have the opportunity to sit down with their supervisors regularly to assess which trainings would be most beneficial and most relevant to their caseloads so that training progress is pre-planned and helps each worker advance professionally. The LMS website includes a tool called “Create Employee Training Plan CWTI” that can assist with this effort.
- 4 Do I register to attend the training with the university that is hosting the training or through the MDHHS Learning Management System (LMS)?** In order to register to attend a training, you should follow the registration instructions found in this catalog. In order to record your in-service training hours with the MDHHS Office of Workforce Development and Training, please follow the directions found in FAQ 2.
- 5 Is it true, I can attend any in-service training listed in this catalog for FREE?!** Yes! The child welfare in-service trainings provided through this collaborative effort are FREE OF CHARGE for child welfare and family preservation workers and supervisors—both MDHHS and contracted private agencies—on a first come, first serve basis. These trainings are eligible for social work continuing education credit hours, too! Happy training!

In addition to the in-person training listed in this catalog,
webinars are offered through several universities.

See pages 19–22.

Human Trafficking in My Neighborhood?

Curriculum: Trauma and crisis management: Human trafficking

Date/time: **Friday, April 14, 2023 • 9:00 AM – 12:15 PM (ET)**

Location: **Live synchronous training via Zoom**

Social Work CECHs: 3 hours • Approval pending

Cost: Free to all MDHHS and private agency child welfare workers:
\$15 for students; \$45 all others

Presenters: **Ingrid Slikkers, LCSW, LMSW, CCTP**
Emma Vanderwaal, Clinical Intern
Willis Byas, Clinical Intern



Beginning skill level

Target audience:

- ✓ Family Preservation Workers
- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Training objectives: As a result of this training, participants will be prepared to:

- Understand the types and venues of human trafficking in the United States.
- Identify victims of human trafficking in various settings.
- Identify the warning signs of human trafficking in various settings for adults and minors.
- Access resources for reporting the suspected victims of human trafficking.

Description: Human trafficking is a worldwide problem that is widespread across all of the United States. Every year, thousands of women, men, and children are trafficked. People can become victims regardless of age, race, gender, or nationality. It is also often misunderstood and misrepresented, allowing trafficking to take place often right under our noses. Education about the realities of human trafficking—and busting the myths surrounding this topic—is a crucial step in fighting to make our country safer for the most vulnerable within our community. This training will provide skills and resources to better equip individuals to recognize and be a resource for people at risk of—or who are already—being trafficked in your area. This training will utilize role playing, exercises, small and large group discussions, and visual displays.

Community Resiliency Model

Curriculum: Trauma and crisis management: Trauma, grief, and loss

Date/time: **Friday, April 28, 2023 • 9:00 AM – 12:15 PM (ET)**

Location: **Live synchronous training via Zoom**

Social Work CECHs: 3 hours • Approval pending

Cost: Free to all MDHHS and private agency child welfare workers;
\$15 for students; \$45 all others

Presenter: **Ashlee Offord, BS**



Beginning skill level

Target audience:

- ✓ Family Preservation Workers
- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Training objectives: As a result of this training, participants will be prepared to:

- Understand the six wellness skills of the Community Resiliency Model® (CRM) and how to utilize them individually as well as share with those they serve.
- Apply their unique cultural lens to increase the efficacy of the CRM skills.
- Identify practical ways that CRM can be embedded within the community to build community resiliency.

Description: The Community Resiliency Model® (CRM) is a biologically-based trauma intervention designed for community members who need information about trauma and coping skills but who have limited access to mental health resources. CRM teaches skills for self-care to balance the nervous system of those impacted by personal or community-level trauma such as violence, poverty, racism, and homophobia. Participants will receive tools they can immediately implement as well as learn about future events for gaining deeper understanding of the model. This training will utilize role playing, exercises, games, small and large group discussions, and visual displays.

Managing Self-harm and Suicidality for Kids in Care

Curriculum: Mental and behavioral health: Suicide prevention and how to coach foster parents on prevention strategies

Date/time: Friday, May 12, 2023 • 9:00 AM – 12:15 PM (ET)

Location: Live synchronous training via Zoom

Social Work CECHs: 3 hours • Approval pending

Cost: Free to all MDHHS and private agency child welfare workers; \$15 for students; \$45 all others

Presenter: Alina Baltazar, PhD, MSW, LMSW, CFLE



Beginning skill level

Target audience:

- ✓ Family Preservation Workers
- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Training objectives: As a result of this training, participants will be prepared to:

- Understand facts related to suicide and self-harm among children/teens in care.
- Identify how trauma increases the likelihood of these conditions.
- Understand the role of foster parents in managing and preventing suicidality and self-harm.
- Identify preferred treatment options.

Description: Suicide and self-harm rates are increasing. In this training, participants will learn about suicide and self-harm as they relate to kids in care. Some possible causes will be identified. The role of trauma will be explored. Participants will learn how these behaviors can be prevented. Participants will be able to practice and identify strategies to address these issues. This training will utilize exercises, small group discussions, and visual displays.

How to register: Go to www.andrews.edu/cas/socialwork/continuing and click on the link provided.

Contact: Margrethe Kerlin
Email: kerlin@andrews.edu
Phone: 269-471-6196

Website: www.andrews.edu/socialwork/continuing; click on the link provided.

Parenting, Mental Health, and the Child Welfare System: Understanding and Working with Parents Who Have Mental Illness

Curriculum: Mental and behavioral health: Working with parents coping with mental illness

Date/time: Friday, April 7, 2023 • 9:00 AM – 12:15 PM (ET)

Location: Live synchronous training via Zoom

Social Work CECHs: 3 hours • Approval #MICEC-0031

Cost: Free to all MDHHS and private agency child welfare workers; \$50 all others

Presenter: Jillian Graves, PhD, LMSW



Intermediate skill level

Target audience:

- ✓ Family Preservation Workers
- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers

Training objectives: As a result of this training, participants will be prepared to:

- Understand the symptoms, behaviors, and risks associated with various mental health diagnoses.
- Examine the intersection between parenting and mental health diagnoses.
- Explore treatment protocols that are helpful in promoting mental health and healthy parenting.

Description: The goal of this training is to better understand how mental illness impacts parenting and to discuss protocols that can support parents and strengthen families. We will first examine several categories of mental illnesses to understand the symptoms and behavioral manifestations, looking at such diagnostic categories as psychotic disorders, mood disorders, dissociative disorders, and personality disorders. We will then examine the influence of psychiatric disorders on parenting, including understanding potential risks. Finally, we will look at various family and multi-family treatment protocols designed to help families understand and manage mental illness and to strengthen cohesion and communication. This training will utilize exercises, small and large group discussions, and visual displays.

It's a Win: Managing Stress and Guarding Against Compassion Fatigue

Curriculum: Secondary trauma: Compassion fatigue and how to recognize it

Date/time: Friday, April 21, 2023 • 9:00 AM – 12:15 PM (ET)

Location: Live synchronous training via Zoom

Social Work CECHs: 3 hours • Approval #MICEC-0031

Cost: Free to all MDHHS and private agency child welfare workers; \$50 all others

Presenter: Tana Bridge, PhD, LMSW



Beginning skill level

Target audience:

- ✓ Family Preservation Workers
- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Training objectives: As a result of this training, participants will be prepared to:

- Recognize the unique risk for vicarious trauma/compassion fatigue for child welfare workers.
- Understand the biology of stress.
- Develop skills in addressing wellness and promote resilience.

Description: Working in child welfare creates unique challenges in caring for oneself while caring for the children and families you serve. Managing stress and prioritizing wellness is an ethical responsibility and has the potential to improve personal well-being and improve outcomes for clients and organizations. In this training, participants will gain an increased understanding of the biology of stress with a focus on proactive and reactive opportunities for wellness. This training will utilize small group discussion and visual displays.

How to register: Parenting, Mental Health: <https://forms.gle/RULPjCTZ2aYuGPa3A>

How to register: It's a Win: <https://forms.gle/ij4DGcxfwCBaAdtC8>

Phone: 734-487-4429

Email: emu_socialworkce@emich.edu

Suicide Assessment with Youth

Curriculum: Mental and behavioral health: Suicide prevention

Date/time: **Thursday, March 23, 2023** • 11:00 AM – 2:15 PM (ET)

Location: **Live synchronous training via Zoom**

Social Work CECHs: 3 hours • Approval pending

Cost: Free to all MDHHS and private agency child welfare workers; \$50 all others

Presenter: **Kathryn Malone, PhD, LMSW**



Intermediate skill level

Target audience:

- ✓ **Family Preservation Workers**
- ✓ **Children's Protective Services Workers**
- ✓ **Foster Care Workers**
- ✓ **Adoption Workers**

Training objectives: As a result of this training, participants will be prepared to:

- Identify risk factors for youth suicidality.
- Identify the top six areas to assess for suicide risk.
- Apply the knowledge of suicide assessment through a case study.

Description: This training will focus on skills for suicide assessment. The instructor will engage participants in role playing and small and large group discussion to identify intervention strategies and assessment skills. This training will also use evidence-based strategies for identifying risk and protective factors for danger to self. This training will utilize role playing, exercises, small and large group discussions, and visual displays.

How to register: **Contact Kristina VanSyckle**

Phone: 231-591-2737

Email: socialwork@ferris.edu

Website: www.ferris.edu/socialwork

ADHD: It's in the Family

Curriculum: Mental and behavioral health: Understanding emotional and mental health concerns of youth

Date/time: **Monday, March 27, 2023** • Program 8:45 AM – 12:00 PM (ET)

Location: **Live synchronous training via Zoom**

Social Work CECHs: 3 hours • Approval #MICEC-0004

Cost: Free to all MDHHS and private agency child welfare workers; \$49 all others

Presenter: **Noelle Lynn, LMSW, ADHD-CCSP**



Beginning skill level

Target audience:

- ✓ Family Preservation Workers
- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Training objectives: As a result of this training, you will be prepared to:

- Explain how ADHD works in the brain and the role of emotions and the amygdala.
- Understand how those with ADHD within a family interact and how ADHD impacts the family system.
- Apply practical interventions and skills to improve your work with those who have ADHD.

Description: This training will provide an overview of what ADHD is, how it presents, and how it impacts relationships. It will also focus on psychoeducation and practical knowledge that can improve outcomes for those with ADHD and those who are caring for them. This training will utilize small and large group discussions and visual displays.

Healing Through Play: A Foster Care Lens

Curriculum: Mental and behavioral health: Health and wellness needs of youth in foster care

Date/time: **Wednesday, May 3, 2023** • 8:45 AM – 12:00 PM (ET)

Location: **GVSU Pew Campus**, Room BIK 230

201 Front Avenue SW, Grand Rapids, MI 49504

Social Work CECHs: 3 hours • Approval #MICEC-0004

Cost: Free to all MDHHS and private agency child welfare workers; \$49 all others

Presenter: **Jacqueline Scherer, LMSW**



Beginning and intermediate skill levels

Target audience:

- ✓ Family Preservation Workers
- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Training objectives: As a result of this training, participants will be prepared to:

- Define play in their world.
- Identify four ways that play supports the growth of overall emotional health.
- Implement five play strategies to use in foster homes, community settings, and their own offices.

Description: Science continues to show the medical, mental, and overall emotional health benefits of play in our schools, communities, and homes. Join us in unpacking the ways that play-based strategies can heal and impact the brain, trauma, and children who are placed within the foster care system. This training will utilize role playing, exercises, small and large group discussions and visual displays.

How to register: Visit www.gvsu.edu/swce

Contact: Lucas Treadwell

Phone: 616-331-7180

Email: learn@gvsu.edu



Minding the Self: Self-compassion and Well-being

Curriculum: Secondary trauma

Date/time: Thursday, March 9, 2023 • Program 9:00 AM – 12:15 PM (ET)

Location: Live synchronous training via Zoom

Social Work CECHs: 3 hours • Approval #MICEC-0001

Cost: Free to all MDHHS and private agency child welfare workers;
all others check online for pricing

Presenter: Ginny Witte, PhD, MA, BA



Beginning skill level

Target audience:

- ✓ Family Preservation Workers
- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Training objectives: As a result of this training, you will be prepared to:

- Identify three principles of self-compassion.
- Describe the relationship between self-compassion and the nervous system.
- Practice a variety of self-compassion activities that can be used with clients or for your own self-care practice.

Description: What is the relationship between self-compassion and well-being? How can you include self-compassion into practice? In this training, you will learn the three parts to self-compassion: mindfulness, self-kindness, and common humanity, and how individuals of all ages benefit from learning to become more self-compassionate. We will also integrate self-compassion with what we know about the nervous system to help individuals become compassionate to self and then to others. This training will utilize exercises and small and large group discussions

Historical Trauma in the African American Community

Curriculum: Cultural competence and humility

Date/time: Thursday, April 6, 2023 • Program 12:00 PM – 3:15 PM (ET)

Location: Live synchronous training via Zoom

Social Work CECHs: 3 hours • Approval #MICEC-0001

Cost: Free to all MDHHS and private agency child welfare workers;
all others check online for pricing

Presenter: Kelley Hollie, LMSW



Beginning skill level

Target audience:

- ✓ Family Preservation Workers
- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Training objectives: As a result of this training, you will be prepared to:

- Recognize and articulate an understanding of historical trauma.
- Describe ways in which historical trauma continues to impact the African American community.
- Utilize trauma-responsive tools for intervening in a culturally attuned manner that is evidence-based.

Description: Historical trauma relates to the collective experience of a particular community or group that causes emotional harm based on a traumatic event or experience. In this training, we will explore the collective experiences of African Americans since 1619 and consider the implications for practice in working with this specific population. This training will provide practical tips and insights for providing trauma-responsive, evidence-based, and culturally attuned interventions to clients. This training will utilize exercises and small and large group discussions.



Emotional Regulation for Improved Behavior in Children and Youth

Curriculum: Secondary trauma

Date/time: **Friday, April 14, 2023** • Program 9:00 AM – 12:15 PM (ET)

Location: **The MTG Space**, 4039 Legacy Parkway, Lansing, MI 48911

Social Work CECHs: 3 hours • Approval #MICEC-0001

Cost: Free to all MDHHS and private agency child welfare workers;
all others check online for pricing

Presenter: **Ginny Witte, PhD, MA, BA**



Beginning skill level

Target audience:

- ✓ Family Preservation Workers
- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Training objectives: As a result of this training, you will be prepared to:

- Describe the practice of self-regulation.
- Recognize and respond to clients in a dysregulated state.
- Develop practices that support a regulated nervous system.

Description: Why are so many of us dysregulated, and what can we do about it? The ability to self-regulate is at the foundation of intervention and therapy. In this three-part series, you will gain an understanding of the development and practice of self-regulation. While self-regulation is what we strive for, it begins with state regulation. State regulation begins with the nervous system and finding healthy ways to have a flexible nervous system that can meet the demands or challenges of life in the moment. As you work with clients, they will naturally become dysregulated at times as they become triggered with past experiences or need to work with current challenges. We will learn what is occurring in the nervous system and the body during these times and how you can work with clients prior to becoming dysregulated and during a dysregulated state. This training will utilize exercises and small and large group discussions.



How to register for online training: <https://www.eventbrite.com/o/msu-school-of-social-work-44929438833>

Contact: Gina Tremonti Gembel, MSW

Phone: 517-353-3060

Email: swkce@msu.edu

Michigan State University School of Social Work, an accredited social work education program, is authorized by the Michigan Licensure Law Administrative Rule 338.2965 to award Michigan social work continuing education contact hours. We are also an approved Michigan Social Work Continuing Education Collaborative Provider (provider #0001) for all programs through August 2023, renewed annually.



Strategies for Effective Supervision and Mentoring in the Child Welfare System

Curriculum: MiTEAM principles (Teaming, Engagement, Assessment, and Mentoring)

Date/time: Friday, April 28, 2023 • Program 10:00 AM – 1:15 PM (ET)

Location: Northern Michigan University, 1401 Presque Avenue, Marquette, MI 49855

Social Work CECHs: 3 hours • Approval #MICEC-0044

Cost: Free to all MDHHS and private agency child welfare workers; free for students; \$45 all others

Presenter: Vikash Kumar, PhD, MSW



Beginning skill level

Target audience:

- ✓ Family Preservation Workers
- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Training objectives: As a result of this training, you will be prepared to:

- Understand the role of supervision in the child welfare system.
- Develop and implement an effective supervision plan.
- Utilize effective mentoring strategies for supervisors in the child welfare system.

Description: This training is designed to provide professionals with the skills and knowledge necessary to ensure delivery of effective supervision and mentoring in their workplace. This training will provide an in-depth look into the various strategies available for providing support and guidance to child welfare staff. Through case studies and interactive activities, participants will gain skills to provide effective supervision and mentoring that is tailored to the individual. Participants will also learn to identify and address areas of improvement in their own supervision and mentoring practices. This training will utilize role playing, exercises, small and large group discussions, and visual displays.

Secondary Trauma Mitigation: Witnessing Trauma in the Workplace

Curriculum: Secondary trauma

Date/time: Friday, September 1, 2023 • Program 10:00 AM – 1:15 PM (ET)

Location: Live synchronous training via Zoom

Social Work CECHs: 3 hours • Approval #MICEC-0044

Cost: Free to all MDHHS and private agency child welfare workers; \$15 for students; \$45 all others

Presenters: Caroline Cheng, PhD, MSW



Beginning skill level

Target audience:

- ✓ Family Preservation Workers
- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Training objectives: As a result of this training, you will be prepared to:

- Understand what secondary trauma is and recognize the signs of trauma.
- Apply the knowledge of secondary trauma and compassion fatigue in case studies.
- Come up with strategies to cope with secondary trauma and prevent burnout in the workplace.

Description: This training will offer information on the importance of addressing secondary trauma in the workplace, based on recent research findings, and strategies to cope for attendees. This training will also provide experiential activities and time for personal reflection and planning for applying evidence-based interventions in building resilience. This training will utilize exercises, small and large group discussions, and visual displays.

How to register: Online at <https://nmu.edu/continuingeducation/>

Contact: Megan Nowicki, Program Specialist

Phone: 906-227-2144

Email: mewales@nmu.edu

Website: <https://www.socialworkceec.com/face-to-face-courses>

Implicit Bias and Racism in Child Welfare

Curriculum: Antiracism: Action-oriented strategies for institutional systemic change that addresses racism and other interlocking systems of social oppression

Date/time: **Monday, March 27, 2023** • Program 8:45 AM – 12:00 PM (ET)

Location: **Live synchronous training via Zoom**

Social Work CECHs: 3 hours • Approval pending

Cost: Free to all MDHHS and private agency child welfare workers

Presenter: **Lucy Mercier, PhD, LMSW, ACSW**



Intermediate skill level

Target audience:

- ✓ Family Preservation Workers
- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Training objectives: As a result of this training, you will be prepared to:

- Recognize occurrences of bias in practice and in workplace settings.
- Identify a minimum of three consequences of bias for access to effective child welfare services.
- Use at least two strategies to reduce disparities in service based on bias.

Description: This three-hour training will address the impact of racial and other bias on child welfare services. The training will include lecture, discussion, video, case studies, small group activities, and question-and-answer sessions. This training fulfills the implicit bias training requirements for licensure or registration as detailed in the *Michigan Public Health Code*.

Helping a Person with a SUD: Tools to Support Providers and Families

Curriculum: Substance abuse

Date/time: **Friday, April 7, 2023** • Program 10:00 AM – 1:15 PM (ET)

Location: **Live synchronous training via Zoom**

Social Work CECHs: 3 hours • Approval pending

Cost: Free to all MDHHS and private agency child welfare workers

Presenter: **Matthew Mitchell, DHA, LMSW, CAADC, CCS**



Beginning skill level

Target audience:

- ✓ Family Preservation Workers
- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Training objectives: As a result of this training, you will be prepared to:

- Understand the basics for S-BIRT screening.
- Understand resources and services to help caregivers of SUD individuals.
- Utilize three ways to support caregivers of SUD individuals.

Description: This training will start with a discussion on screening and brief intervention plus referral to treatment (S-BIRT) as a screening tool. Participants will learn the basics of the S-BIRT screening process including screens and how to discuss results with the clients. The training will then introduce support and services provided for the family and caregivers of an individual with SUD including groups, online resources, and other available supports. The final section will focus on Medication for Addiction Treatment (MAT), Harm Reduction, and Motivational Interviewing basics for the family and caregivers. This training will utilize role playing, exercises, and large group discussion.

How to register: Email Diane Knights at djknight@svsu.edu with training title, your name, email address, and license number if you want to receive CEs.

Understanding Their Trauma and How to Mitigate the Impact of Removal and Placement in Children's Services

Curriculum: Trauma and crisis management; Effects of abuse and neglect on children; minimizing trauma for children during the removal and placement process; trauma, grief, and loss

Date/time: Friday, March 10, 2023 • Program 9:00 AM – 12:15 PM (ET)

Location: Live synchronous training via Zoom

Social Work CECHs: 3 hours • Approval pending

Cost: Free to all MDHHS and private agency child welfare workers; \$65 all others

Presenter: Jennifer Wolfe, MSW, LISW-S



Intermediate skill level

- ✓ Family Preservation Workers
- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Training objectives: As a result of this training, participants will be prepared to:

- Understand the effects of abuse and neglect on children's mental, emotional, and physical well-being.
- Implement ways to minimize trauma for children during the child welfare removal and placement process.
- Understand the connection between trauma, grief, and loss as it relates to attachment.

Description: This training will build upon foundational knowledge of trauma-informed care, including the Adverse Childhood Experiences study. Participants will learn specific ways that trauma affects the brain while it is still growing. Attachment theory will be utilized to illustrate and illuminate the impact of trauma. The connection between trauma, grief, and loss will be shared. Attendees will learn ways to minimize the trauma of removing a child from their home, as well as during the placement process. This training will utilize exercises and small and large group discussions.

How to register: <https://www.eventbrite.com/e/understanding-their-trauma-tickets-502960447237>

Questions: Contact Emily Dixon, LMSW

Phone: 616-558-9618

Email: edixon@arbor.edu

The Traumatic Impact of Child Abuse and Neglect and How Social Workers Can Intervene

Curriculum: Trauma and crisis management: Safety planning with a family in crisis



Date/time: Thursday, April 27, 2023 • Program 9:00 AM – 12:15 PM (ET)

Location: Live synchronous training via Zoom

Social Work CECHs: 3 hours • Approved

Cost: Free to all MDHHS and private agency child welfare workers; \$65 all others

Presenter: Monica Sampson, LMSW

Intermediate skill level

Target audience:

- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Training objectives: As a result of this training, participants will be prepared to:

- Describe the traumatic relationship of becoming a client in the child welfare system with poverty, racism, disadvantage, and discrimination.
- Describe the consequences of the involuntary nature of the client's relationship with service providers, the impact of economic, racial, ethnic, gender, and other differences on service providers' relationships with clients, and the effect of personal experiences on their practice in child welfare.
- Implement evidence-based prevention and intervention strategies that are compatible with infant/child/adolescent and family or caretaker goals, needs, circumstances, culture, and values.

Description: This training will cover the traumatic impact the child welfare system has on children, youth, and families. The goal is to provide an understanding of how state governments think about the adequacy/appropriateness of parenting, the safety of children, when and how child protection agencies get involved with families, and what the evidence says about such involvement. The content will focus on the early phases of intervention, including barriers to engagement that may result from client-worker differences, involuntary participation on the part of the child, youth, or family, and factors external to the client-worker relationship such as policy or institutional decisions that may influence or shape intervention. Since work with children and youth almost always requires multiple intervention modalities, attention will be given to creating effective intervention plans through the integration of different modalities. Those intervention methods that have been empirically demonstrated to be effective will be given particular emphasis. Intervention strategies taught in this training rely significantly on the social worker as a critical component of the change process, thus attention will be paid to the understanding of self as an instrument in the change process. This training will utilize small and large group discussions and visual displays.

Trauma-informed Practices: We're All in This Together

Curriculum: Trauma and crisis management: Minimizing trauma for children during the removal and placement process



Date/time: Thursday, June 15, 2023 • Program 9:00 AM – 12:15 PM (ET)

Location: Live synchronous training via Zoom

Social Work CECHs: 3 hours • Approved

Cost: Free to all MDHHS and private agency child welfare workers; \$65 all others

Presenter: Daicia Price, LMSW

Beginning skill level

Target audience:

- ✓ Family Preservation Workers
- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Training objectives: As a result of this training, participants will be prepared to:

- Describe a systems model of change for trauma-informed practices with children.
- Describe their role within a systems framework of trauma-informed care.
- Describe implementation strategies relevant to a trauma-informed framework.

Description: Social work professionals can play a critical role in promoting healing and resilience among children who have experienced trauma, but to do so, they must be trauma informed. This training will provide an introduction to a collaborative multi-stakeholder, trauma-informed approach based in theory and concepts of system change. Participants will be encouraged to consider their role within a larger system of creating safe and healthy communities that resist retraumatization. This training will utilize small and large group discussions and visual displays.

How to register: Visit ssw.umich.edu/r/CEcatalog

Contact: Alia Wesala, LMSW

Email: ssw.conted@umich.edu

Phone: 734-763-5723

Mindfulness for Child Welfare Workers

Curriculum: Secondary trauma: Self-care for workers

Date/time: Monday, February 27, 2023 • Program 1:00 PM – 4:15 PM (ET)

Location: Live synchronous training via Zoom

Social Work CECHs: 3 hours • Approval #MICEC-0058

Cost: Free to all MDHHS and private agency child welfare workers;
\$15 students; \$45 all others

Presenter: Patricia Dixon, LMSW



Intermediate skill level

Target audience:

- ✓ Family Preservation Workers
- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Training objectives: As a result of this training, participants will be prepared to:

- Develop at least three mindfulness skills to use to improve self-care and work performance.
- Describe how mindfulness helps a person to manage the fight-flight-freeze reaction.
- Use at least one mindfulness technique with clients and co-workers.

Description: This training will be a fun and educational opportunity for child welfare workers to learn self-care techniques that will reduce anxiety and stress while improving focus and decision-making skills. Participants will learn how the limbic system plays an important part in stress management and when attended to reduces risk of burnout. The training will demonstrate basic and intermediate ways to utilize mindfulness in day-to-day work and home activities to promote work-life balance. This training will utilize role playing, exercises, games, small and large group discussions, and visual displays.

Culturally Responsive Social Service Practices for Cross-Cultural Helping: Using an Antiracist Framework

Curriculum: Cultural humility/cultural competence: Understanding one's personal values and beliefs and their relationship to cultural identity and practice

Date/time: Thursday, June 1, 2023 • Program 1:00 PM – 4:15 PM (ET)

Location: Live synchronous training via Zoom

Social Work CECHs: 3 hours • Approval #MICEC-0058

Cost: Free to all MDHHS and private agency child welfare workers;
\$15 students; \$45 all others

Presenter: Erica Brown-Meredith, PhD, MSW



Intermediate skill level

Target audience:

- ✓ Family Preservation Workers
- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Training objectives: As a result of this training, participants will be prepared to:

- Analyze culturally competent skills within therapeutic relationships.
- Recognize the impact of social, political, and racial attitudes in service delivery.
- Define the developmental model of intercultural sensitivity and the continuum of cultural proficiency to promote culturally relevant child welfare casework.

Description: Social service work is evolving into a paradigm where culturally relevant practices and “wokeness” are critical mandates in responsive practices for cross-cultural helping. There has been a “cancelling” of power differentials demanding changes to structural and institutional racism, which starts with the promotion of equity and inclusion in social service practice. The charge requires social service and child welfare workers to heighten awareness and understanding of how dynamics of difference and acceptance of difference are at the core of effective cross-cultural service delivery. This training will assist in further developing an approach for child welfare workers that conceptualizes cross-cultural work and promotes culturally relevant social service delivery. This training will utilize small and large group discussions and visual displays.

How to register: <https://events.wayne.edu/2023/02/27/mindfulness-for-child-welfare-workers-94569/>

How to register: <https://events.wayne.edu/2023/06/01/culturally-responsive-social-service-practices-for-cross-cultural-helping-94568/>

Contact: Shantalea Johns, EdD, LMSW
Phone: 313-577-4463

Email: shantalea@wayne.edu
Website: <https://socialwork.wayne.edu/ce>

Building Cultural Humility to Combat Implicit Biases and Micro-Aggressions: Working Toward Anti-racism

Curriculum: Cultural humility/cultural competence: Understanding one's personal values and beliefs and their relationship to cultural identity and practice

Date/time: **Friday, February 10, 2023** • Program 8:30 AM – 12:00 PM (ET)

Location: **Live synchronous training via WebEx**

Social Work CECHs: 3 hours • Approval #MICEC-0060

Cost: Free to all MDHHS and private agency child welfare workers; faculty, staff, and current year 25% discount; students 50% discount; \$60 all others

Presenter: **Anna Yelick, PhD, MSW**



Beginning skill level

Target audience:

- ✓ Family Preservation Workers
- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Training objectives: As a result of this training, participants will be prepared to:

- Understand their own personal values and beliefs juxtaposed with values and beliefs different from their own.
- Understand the implicit biases and micro-aggressions present without a conscious effort to minimize personal values and beliefs that are contrary to the values and beliefs of families served.
- Incorporate cultural humility practices when working with all families.

Description: This training will provide a better understanding of one's own personal values and beliefs and their relationship to cultural identity and practice. The training will begin with participants working to understand their own personal values and beliefs. In a large group, we will discuss personal values and beliefs, provide some examples, and then break into smaller groups for reflection and discussion. Participants will be asked to share their personal beliefs and values with the larger group at which point we will move into a discussion about the differences in personal values and beliefs and those values and beliefs professionals hold. This is where we will begin to discuss implicit biases and micro-aggressions. In the large group discussion, an overview of implicit biases and micro-aggressions will be presented as well as a discussion on how these can become present in our work without a conscious effort to minimize personal values and beliefs. We will then break into smaller groups for reflection and discussion as well as small group exercises related to recognizing implicit biases and micro-aggressions. Finally, we will come back into the larger group to incorporate discussions of cultural humility practices, defining cultural humility compared to cultural competence, and how as child welfare professionals we can work to incorporate cultural humility within our practice. This discussion will evolve into a discussion on raising consciousness in upholding professional values and beliefs while minimizing personal values and beliefs, particularly those that get in the way of competent work with families. We will break into smaller groups for reflection and discussion, along with final exercises that incorporate all three learning objectives: (1) identifying personal values and beliefs particularly when those values and beliefs differ from our clients; (2) identify ways implicit biases and micro-aggressions can be present in our work and how to build consciousness to combat those when working with families; and (3) commit to engaging not only in cultural competence but cultural humility when working with all families. This training will utilize exercises and small and large group discussions.

Social Work Ethical Issues and Dilemmas: Confidentiality, Dual Relationships, and Social Justice

Curriculum: Antiracism: Action-oriented strategies for institutional systemic change that addresses racism and other interlocking systems of social oppression; theory and/or practice (whether political or personal) that seeks to challenge, reduce, or eliminate manifestations of racism in society.

Date/time: **Friday, February 24, 2023** • Program 8:30 AM – 12:15 PM (ET)

Location: **Live synchronous training via WebEx**

Social Work CECHs: 3.5 hours • Approval #MICEC-0060

Cost: Free to all MDHHS and private agency child welfare workers; faculty, staff, and current year 25% discount; students 50% discount; \$60 all others

Presenter: **Linda Reeser, PhD**



Intermediate skill level

Target audience:

- ✓ Family Preservation Workers
- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Training objectives: As a result of this training, participants will be prepared to:

- Recognize ethical issues in practice regarding confidentiality, dual relationships, and social justice.
- Demonstrate how to resolve ethical dilemmas applied to case examples.
- Engage in critical self-reflection of one's biases and recognize one's responsibility to engage in actions to eliminate injustice.

Description: This training will address the practice gap of learning to do ethical decision-making when confronted with dilemmas regarding confidentiality, dual relationships, and social justice. Human service professionals need to comprehend and apply the NASW *Code of Ethics* standards when making decisions about their practice, supervising others, and in providing their clients/consumers with options so they make informed decisions. This training will also focus on social workers' responsibility to engage in critical self-reflection on their biases and social and political action to eliminate injustice. Social workers must make decisions in crisis situations, and they need ethical knowledge and skills in raising questions to consider before taking action. This training will provide the tools to do this.

How to register: Visit <https://wmich.edu/hhs/ce>

Contact: Jennifer Harrison

Phone: 269-387-3173

Email: jennifer.harrison@wmich.edu

Webinars

Individuals from around the world can earn CECHs from the convenience of their home, office, or on the go. We offer interactive live presentations on various topics. You will view the one-hour webinar and then will be sent a link to a survey to complete an attendance record, evaluation, and post-test. Pending a passing score of 75% or higher on the post-test, you will be able to download and print a certificate! Webinars allow us to be accessible and to collaborate globally on issues that affect individuals, organizations, and communities throughout the world.

Beginning and intermediate skill levels
Target audience:

- ✓ Family Preservation Workers
- ✓ Children's Protective Services Workers
- ✓ Foster Care Workers
- ✓ Adoption Workers

Changing Expectations: Managing Grief and Loss

Date/time: Friday, March 3, 2023 • Program 12:00 PM – 1:15 PM (ET)

Social Work CECHs: 1 hour • Approval #MICEC-0001

Presenter: Jennifer R. Patrick, MA, CFLE

G.R.O.W. Trainer

Host: Michigan State University • Register at this link:

<https://www.eventbrite.com/o/msu-school-of-social-work-44929438833>



Beginning skill level

Description: The child welfare professional's life is constantly touched by grief and loss. Whether it is secondary trauma from the cycle of loss experienced by the birth parents and children they serve, or the experiences they have with foster/adoptive/kinship parents caught in the loop of grief and loss themselves, or their own personal losses outside of work, learning how to better cope will strengthen endurance. In this webinar, you will learn how to redefine grief and loss, understand your expectations of your own healing process, recognize the signs in your clients, reframe your new reality, and move forward. This webinar will utilize video clips, journaling activities, and some group discussion.

Making Trauma Informed Placement Decisions

Date/time: Friday, March 10, 2023 • Program 12:00 PM – 1:15 PM (ET)

Social Work CECHs: 1 hour • Approval #MICEC-0001

Presenter: Stacey Goodson, MA

Foster Parent

Host: Michigan State University • Register at this link:

<https://www.eventbrite.com/o/msu-school-of-social-work-44929438833>



Beginning skill level

Description: In this webinar, you will learn how trauma affects children's placements and how child welfare professionals can make placement decisions that are trauma informed. This webinar will explore the effects of multiple placements on children in foster care and strategies for how child welfare professionals can support children in their current placements and prevent replacements. This webinar will utilize visual displays, incorporate participant feedback, and allow time for questions and answers.

Webinars

Avoiding Adversarial Relationships with Youth and Emerging Adults

Date/time: Friday, March 17, 2023 • Program 12:00 PM – 1:15 PM (ET)

Social Work CECHs: 1 hour • Approval #MICEC-0001

Presenter: Christopher C. Harris, LPC

Owner, CCHARRIS Professional Counseling Services
Contractual Clinical Therapist, Great Lakes Psychology Group
Adjunct Professor in Psychology, Lawrence Technological University

Host: Michigan State University • Register at this link:

<https://www.eventbrite.com/o/msu-school-of-social-work-44929438833>



Beginning skill level

Description: This webinar is designed to support The Fourth Turning as defined by Strauss-Howe Generational Theory, which calls this paradigm shift “The Millennial Transition.” In this webinar, participants will learn about the micro, mezzo, and macro origins and impact of this global transition that are changing the way humans interact with each other in families and communities as they reshape institutions that have governed human life in our time. The webinar will also support participants’ ability to balance their independent and interdependent agencies while effectively integrating their private and personal experiences being impacted by The Fourth Turning, while remaining accountable for their role-related behaviors as a professional.

Combating Compassion Fatigue

Date/time: Wednesday, March 22, 2023 • Program 12:00 PM – 1:15 PM (ET)

Social Work CECHs: 1 hour • Approval pending

Presenter: Irena J. Glover, PhD, LMSW

Chair/MSW Director, Social Work Department, Madonna University

Madonna University • Register at this link:

<https://www.eventbrite.com/e/combating-compassion-fatigue-tickets-526212314197?utm-campaign=social&utm-content=attendeeshare&utm-medium=discovery&utm-term=listing&utm-source=cp&aff=escb>



Intermediate skill level

Description: This webinar will give participants an understanding of what compassion fatigue is and how it impacts many facets of our lives. This webinar will utilize small group discussion and visual displays.

Assessing Domestic Violence in Families

Date/time: Thursday, March 23, 2023 • Program 9:00 AM – 10:00 AM (ET)

Social Work CECHs: 1 hour • Approval #MICEC-0001

Presenter: Teresa Coker, PhD, LMFT, LMSW

Assistant Professor, Department of Social Work & Youth Services, Saginaw Valley State University

Host: Saginaw Valley State University

See page 13 for registration instructions.



Beginning skill level

Description: : This one-hour webinar training will address domestic violence in family systems. It will assist participants in learning to recognize the signs of domestic violence in families, how to assess for violence in families, and recommendations regarding treatment options when violence is present. This webinar will utilize small and large group discussions and visual displays.

Webinars

An Alternate Model? Informal Social Control of Maltreatment Cross-Culturally

Date/time: Thursday, May 11, 2023 • Program 12:00 PM – 1:15 PM (ET)
Social Work CECHs: 1 hour • Approved
Presenter: **Clifton Emery, PhD, MSW**
Associate Professor of Social Work and Social Administration,
University of Hong Kong
Host: **University of Michigan** • Register at this link:
<http://ssw.umich.edu/r/CEcatalogWorkshop>

Beginning skill level

Description: This webinar will cover what constitutes informal social control of child maltreatment (ISC_CM) and what we know about it cross-culturally. Based on research in Korea, China, Russia, Spain, Nepal, Vietnam, Ghana, and Tunisia, the webinar will introduce the conditions under which ISC_CM is associated with better outcomes for children and the conditions under which it is not. A particular focus is given to conditions in which ISC_CM is normative in Ghana and how that fact changes the potential for child protection. The webinar will suggest an alternative to the current model, in which protection cases are triaged differently, with “minor” cases of maltreatment reverted to designated accountable community leaders who coordinate and supervise protection of the child with the tools of informal social control and informal social support. The alternate approach would require extensive community education and relationship building with communities and between communities and the child protection system. This webinar will suggest child protection can improve services by looking to lessons learned in Vietnam, Ghana, Nepal, China, Korea, Russia, and Spain. Implicitly, knowledge of cultural norms around informal social control of child maltreatment in these very different places can help professionals to implement interventions that are more responsive to diverse communities in the U.S. This webinar will utilize exercises and large group discussion.

Using an Equity Framework in Child Welfare

Date/time: Monday, May 22, 2023 • Program 12:00 PM – 1:15 PM (ET)
Social Work CECHs: 1 hour • Approval #MICEC-0001
Presenter: **Gina Tremonti Gembel, MSW**
Director of Continuing Education, School of Social Work, Michigan State University
Host: **Michigan State University** • Register at this link:
<https://www.eventbrite.com/o/msu-school-of-social-work-44929438833>



Beginning skill level

Description: This webinar will outline strategies for using equity as a framework in child welfare. Using an equity framework leads to just outcomes in which everyone has access to opportunities. This beginner webinar will build a shared vocabulary, introduce action steps, and use a case study to move participants through a framework for ‘doing’ equity work. This webinar will utilize exercises, small and large group discussions, and visual displays.

Webinars

Understanding One's Values and Beliefs and Their Relationship to Cultural Identity and Practice

Date/time: **Thursday, June 15, 2023** • Program 3:00 PM – 4:00 PM (ET)
Social Work CECHs: 1 hour • Approval #MICEC-0058

Presenter: **Cassandra J. Bowers, PhD, LCSW**
Faculty Member, Wayne State University

Host: **Wayne State University** • Register at this link:
<https://events.wayne.edu/2023/06/15/understanding-one-s-values-and-beliefs-and-their-relationship-94583/>



Intermediate skill level

Description: This webinar will explore cultural humility and cultural competence. It will examine the basic concepts of cultural competence and cultural humility, the impact each has on the child and family systems of care and the concept of positionality when providing services. This webinar will utilize exercises, large group discussion, and visual aids.

Non-Violent Communication: Navigating Difficult Conversations

Date/time: **Friday, June 16, 2023** • Program 12:00 PM – 1:15 PM (ET)
Social Work CECHs: 1 hour • Approval #MICEC-0001

Presenter: **Krista Rowe, CFT**
Director, Diversity, Equity and Inclusion, and Belonging, Eventgarde Certified
Technology of Participation (ToP) Facilitator (CTF)

Host: **Michigan State University** • Register at this link:
<https://www.eventbrite.com/o/msu-school-of-social-work-44929438833>



Beginning skill level

Description: Conflict is a healthy and inevitable part of personal and professional relationships. Conflict often arises because of breakdowns in communication, expectations (both spoken and unspoken), and trust. While many might prefer avoiding conflict altogether, it only manages to “pop-up” in unexpected ways at later times. Left unaddressed, it can have a negative and lasting impact on both relationships and outcomes. This is especially true when having difficult conversations around race and power. Non-Violent Communication (NVC) uses a four-part guide as part of its conflict resolution philosophy that is used to address conflict in a productive and transparent way. This webinar will introduce you to the model of Non-Violent Communication, review the four-part process, and identify opportunities to practice its application as a method for conflict resolution. This webinar will utilize exercises and large group discussion.

On-Demand Training Courses

Now offering FREE online courses! No registration required!

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To view all course offerings, visit <https://socialwork.msu.edu/continuing-ed/online-child-welfare-courses.html>

A few highlighted courses!

Connecting Brain and Behavior

This online course will focus on atypical brain development resulting from exposure to prenatal teratogens and/or prenatal and early childhood chronic trauma. Resulting behavioral, emotional, and social concerns will be explored. Common interventions will be discussed and evaluated through a neurobiological lens.

Dissociative Coping in Traumatized Children

This online course will review the underlying risks leading to dissociative coping in children. Children exposed to traumatic events frequently rely on dissociative strategies to manage intolerable fear or pain. Younger children, in particular, may be vulnerable as their skills of managing stress are limited. Dissociative tendencies are easily misinterpreted by caregivers and professionals as intentional or characterological (i.e., “ignoring me” or “lazy”). Implications for assessing and treating traumatized children will be included.

When Addiction Trumps Relationships: Working with Mothers and Addiction

This online course will present information on the scope of the problem of mothers with substance use disorders and the impact of this problem on children. Common substances of abuse and their impact on biological and behavioral functioning will be discussed. You will learn the impact of addictive processes on the capacity for attachment among mothers with addiction and difficulties with emotion regulation and reward systems. A description of current practices with substance abusing mothers and their children will also be presented.

Previously recorded live webinars, accessible on-demand online through Michigan State University

TARGET AUDIENCE	COURSE #	TRAINING TITLE
Caregiver	336	Caregiver: Advocating for My Child in the School System
Caregiver	354	Caregiver: Understanding the Role of Life Books for Youth in Care
Caregiver	372	Trauma-informed Caregiving (Part 1): Becoming Trauma-informed Parents.
Caregiver	381	Intergenerational Trauma and Our Work with Birth Parents: Understanding the Bridge to Success
Caregiver	200-18	Trauma-informed Caregiving (Part 2): Understanding Neurodevelopment and the Stress Response System
Caregiver	204-18	Trauma-informed Caregiving (Part 3): Practical Parenting Strategies
Caregiver	208-18	Support Services for Transgender and Gender Non-Conforming Children and Families
Caregiver	217-18	Locating the Past and Building the Future
Caregiver	213-19	Doing the Difficult Work (Part 1): How to Develop Effective Relationships with Birth Families
Caregiver	214-19	Doing the Difficult Work (Part 2): How to Develop Effective Relationships with Birth Families
Caregiver	218-19	When Behaviors Prevent School Success: Advocating for Your Child with Emotional or Behavior Problems
Caregiver	224-19	Rearing Resilience: Strategies for Parenting Children with Attachment Trauma (Part 1: Trauma and the Brain)
Caregiver	226-19	Rearing Resilience: Strategies for Parenting Children with Attachment Trauma (Part 2: Creating Connections)
Caregiver	228-19	Rearing Resilience: Strategies for Parenting Children with Attachment Trauma (Part 3: Solutions to Challenging Behavior)
TARGET AUDIENCE	COURSE #	TRAINING TITLE
General/MDHHS	310	Finding and Utilizing Services for Adoptive Families
General/MDHHS	311	Hope and Resilience: Moving Past Secondary Traumatic Stress in Child Welfare Practice
General/MDHHS	312	Suicide Assessment, Management, and Intervention
General/MDHHS	313	Safety Planning
General/MDHHS	314	Effective Courtroom Advocacy
General/MDHHS	315	Children of Parents with a Mental Illness
General/MDHHS	322	Parent-Child Attachment Relationships and the Effects of Attachment Disruption
General/MDHHS	324	Detection and Diagnosis of Substance Use Conditions
General/MDHHS	325	Working with Immigrant Children and Their Families
General/MDHHS	327	The Power of Peer Support for Foster and Adoptive Families
General/MDHHS	328	Creating Safety for Children
General/MDHHS	329	The Kinship Conundrum (and Ways to Address)
General/MDHHS	337	Supporting and Strengthening Early Relationships for Children in the Child Welfare System

Previously recorded live webinars, accessible on-demand online through Michigan State University

TARGET AUDIENCE	COURSE #	TRAINING TITLE
General/MDHHS	340	Positive Parenting with Very Young Children
General/MDHHS	341	Transitioning to Success: Promoting College Access and Support for Youth in Foster Care
General/MDHHS	346	When Addiction Trumps Relationship: Working with Mothers and Addiction
General/MDHHS	347	Working with Families Affected by Substance Abuse
General/MDHHS	348	Improving Child Well-being Through Parenting Partnerships: The Value of Birth Parent and Resource Family Teaming and Collaboration
General/MDHHS	349	Extending the Welcome Mat to Our Newest Americans
General/MDHHS	350	Adoption as an Option for Older Youth
General/MDHHS	352	CBT for Social Anxiety in Children
General/MDHHS	355	Indicators and Trends of Domestic Violence and Intervention Services
General/MDHHS	356	Being the Voice for the Voiceless: Legislative Advocacy for Child Welfare Workers
General/MDHHS	357	Building Safety with Youth Through Understanding SOGIE (Sexual Orientation, Gender Identity, and Expression)
General/MDHHS	358	Through a Baby's Eyes: Foster Care, Parenting Time, and Transitions
General/MDHHS	359	The Healing Breath: Practicing Meditation and Self-care as a Child Welfare Professional
General/MDHHS	362	Your Role in Making Medicaid Happen
General/MDHHS	363	Mindfulness Tools to Combat Secondary Trauma and Build Well-being Among Child Welfare Professionals
General/MDHHS	365	Dissociative Coping in Traumatized Children
General/MDHHS	371	Child Abuse and Neglect: The Signs, Symptoms, and Consequences
General/MDHHS	373	Fetal Alcohol Syndrome Disorder: What You Should Know
General/MDHHS	374	Father Involvement in Functional Family Formulations
General/MDHHS	376	Promoting Health and Wellness for Foster Youth
General/MDHHS	378	Teen Parents in Foster Care
General/MDHHS	382	Engagement, Readiness for Change, and Transition Planning
General/MDHHS	383	Youth Transitioning Out of Foster Care
General/MDHHS	384	Post Adoption Services: Assisting Adoptive Families to Avoid Disruption/Dissolution
General/MDHHS	385	The Welfare of Children with Autism Spectrum Disorders and Their Families
General/MDHHS	386	Understanding and Supporting Adoptive Families
General/MDHHS	387	Accessing Special Education Supports for Children in Foster Care
General/MDHHS	388	Psychological and Emotional Trauma in Children and Its Impact on Adoption/Foster Care and Family Development
General/MDHHS	390	Honoring and Empowering Adolescents

Previously recorded live webinars, accessible on-demand online through Michigan State University

TARGET AUDIENCE	COURSE #	TRAINING TITLE
General/MDHHS	392	Having the Tough Conversations About Race with Your Clients
General/MDHHS	397	Beyond Breathing: Tools for Teaching Relaxation in Trauma Work
General/MDHHS	398	Rethinking Retention: A More Holistic Approach to Supporting Foster Parents
General/MDHHS	399	Changing Outcomes Through Resiliency
General/MDHHS	700	The Crossroads of Child Welfare and Human Trafficking
General/MDHHS	701	Preventing Further Harm: A Brief Overview of Trauma for the Child Welfare Profession
General/MDHHS	201-18	Connecting Brain and Behavior
General/MDHHS	203-18	“Who Am I?” Fostering Identity Development with Foster and Adopted Youth
General/MDHHS	205-18	Why It’s Wrong to Assume Infants Are Resilient: Exploring the Effects of Trauma in Pregnancy and Infancy
General/MDHHS	206-18	Youth Aging Out of Foster Care: Body-based Practices to Promote Post-traumatic Growth
General/MDHHS	209-18	A Guide to Caring for Muslim Children in Foster Care
General/MDHHS	210-18	The Opioid Crisis in America: Identification and Treatment Strategies for Social Workers
General/MDHHS	212-18	Engaging Older Youth in Permanency Planning: To be Adopted or Not to be Adopted?
General/MDHHS	213-18	Ending Zero Tolerance: What Child Welfare Workers Should Know
General/MDHHS	214-18	The Impact of Racial Bias on Traumatized Clients in Child Welfare
General/MDHHS	211-18	Integrating Mindfulness and Wellness for Stress Reduction
General/MDHHS	215-18	Trauma and Substance Use
General/MDHHS	220-18	Challenges in School (Part 1): Barriers for Children in Foster Care
General/MDHHS	221-18	Challenges in School (Part 2): Strategies for Success
General/MDHHS	200-19	The Matter of Motivation
General/MDHHS	201-19	Big Behavior and Trauma: Similarities, Differences, and Strategies for Working with Traumatized Youth
General/MDHHS	202-19	Making Trauma-Informed Placement Decisions
General/MDHHS	203-19	Stress and Burnout in Foster Families
General/MDHHS	204-19	Mindfulness, Wellness, and Creative Self-care for Helping Professionals
General/MDHHS	205-19	Advocating for Homeless Youth
General/MDHHS	206-19	Opportunity in Crisis: Managing Crises of Traumatized Youth
General/MDHHS	215-19	Beyond “No Means No”: Teaching Families About Body Safety and Consent
General/MDHHS	220-19	When They Are All Survivors: Child Maltreatment in the Context of Domestic Violence
General/MDHHS	221-19	Understanding Transracial Adoption
General/MDHHS	222-19	Making the Case for Retention-Focused Management

Previously recorded live webinars, accessible on-demand online through Michigan State University

TARGET AUDIENCE	COURSE #	TRAINING TITLE
General/MDHHS	223-19	Beauty and the Beast: Understanding Transitional Planning When Working with Youth in Residential
General/MDHHS	225-19	Perinatal Mood and Anxiety Disorders: What Every Care Provider Must Know
General/MDHHS	227-19	Special Education: Considerations for Child Welfare
General/MDHHS	230-19	Understanding Children's Grief
General/MDHHS	231-19	Trauma-Informed Foster Care
TARGET AUDIENCE	COURSE #	TRAINING TITLE
Leadership	323	Supervision in Child Welfare: Strategies to Engage and Support Workers
Leadership	339	Principles of a Mobile Workforce
Leadership	702	"I Love My Job": Supervision as a Tool for Preventing Burnout and Vicarious Trauma with Workers
Leadership	216-18	Supervision Strategies for Managing Secondary Trauma and Workplace Stress
Leadership	218-18	Principles of Staff Engagement



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Registration for child welfare online courses is no longer required!

All child welfare online courses are available here:

<https://socialwork.msu.edu/continuing-ed/online-child-welfare-courses.html>

Click on "Begin this course" under the course you would like to take. This will take you to a survey to record your attendance, and then you will be redirected to the video.

NO CECHs ARE AWARDED FOR THESE ONLINE COURSES.

Additional online trainings will become available soon!

Stay tuned, and check the website often!

Calendar of trainings

MONTH	TRAINING TITLE	DATE and TIME	LOCATION	HOSTING UNIVERSITY	PAGE
February 2023	Building Cultural Humility to Combat Implicit Biases and Micro-Aggressions: Working Toward Anti-racism	Friday, February 10, 2023 8:30 AM - 12:00 PM (ET)	Live synchronous training via WebEx	Western Michigan University	17
	Social Work Ethical Issues and Dilemmas: Confidentiality, Dual Relationships, and Social Justice	Friday, February 24 8:30 AM - 12:15 PM (ET)	Live synchronous training via WebEx	Western Michigan University	18
	Mindfulness for Child Welfare Workers	Monday, February 27 1:00 PM - 4:15 PM (ET)	Live synchronous training via Zoom	Wayne State University	16
March 2023	Changing Expectations: Managing Grief and Loss	Friday, March 3 12:00 PM - 1:15 PM (ET)	WEBINAR	Michigan State University	19
	Minding the Self: Self-compassion and Well-being	Thursday, March 9 9:00 AM - 12:15 PM (ET)	Live synchronous training via Zoom	Michigan State University	10
	Understanding Their Trauma and How to Mitigate the Impact of Removal and Placement in Children's Services	Friday, March 10 9:00 AM - 12:15 PM (ET)	Live synchronous training via Zoom	Spring Arbor University	14
	Making Trauma Informed Placement Decisions	Friday, March 10 12:00 PM - 1:15 PM (ET)	WEBINAR	Michigan State University	19
	Avoiding Adversarial Relationships with Youth and Emerging Adults	Friday, March 17 12:00 PM - 1:15 PM (ET)	WEBINAR	Michigan State University	20
	Combating Compassion Fatigue	Wednesday, March 22 12:00 PM - 1:15 PM (ET)	WEBINAR	Madonna University	20
	Suicide Assessment with Youth	Thursday, March 23 11:00 AM - 2:15 PM (ET)	Live synchronous training via Zoom	Ferris State University	8
	Assessing Domestic Violence in Families	Thursday, March 23 9:00 AM - 10:00 AM (ET)	WEBINAR	Saginaw Valley State University	20
	ADHD: It's in the Family	Monday, March 27 8:45 AM - 12:00 PM (ET)	Live synchronous training via Zoom	Grand Valley State University	9
	Implicit Bias and Racism in Child Welfare	Monday, March 27 8:45 AM - 12:00 PM (ET)	Live synchronous training via Zoom	Saginaw Valley State University	13
April 2023	Historical Trauma in the African American Community	Thursday, April 6 12:00 PM - 3:15 PM (ET)	Live synchronous training via Zoom	Michigan State University	10
	Parenting, Mental Health, and the Child Welfare System: Understanding and Working with Parents Who Have Mental Illness	Friday, April 7 9:00 AM - 12:15 PM (ET)	Live synchronous training via Zoom	Eastern Michigan University	7
	Helping a Person with a SUD: Tools to Support Providers and Families	Friday, April 7 10:00 AM - 1:15 PM (ET)	Live synchronous training via Zoom	Saginaw Valley State University	13
	Human Trafficking in My Neighborhood?	Friday, April 14 9:00 AM - 12:15 PM (ET)	Live synchronous training via Zoom	Andrews University	5
	Emotional Regulation for Improved Behavior in Children and Youth	Friday, April 14 9:00 AM - 12:15 PM (ET)	The MTG Space Lansing	Michigan State University	11
	It's a Win: Managing Stress and Guarding Against Compassion Fatigue	Friday, April 21 9:00 AM - 12:15 PM (ET)	Live synchronous training via Zoom	Eastern Michigan University	7
	The Traumatic Impact of Child Abuse and Neglect and How Social Workers Can Intervene	Thursday, April 27 9:00 AM - 12:15 PM (ET)	Live synchronous training via Zoom	University of Michigan	15
	Community Resiliency Model	Friday, April 28 9:00 AM - 12:15 PM (ET)	Live synchronous training via Zoom	Andrews University	5
Strategies for Effective Supervision and Mentoring in the Child Welfare System	Friday, April 28 10:00 AM - 1:15 PM (ET)	Northern Michigan University Marquette	Northern Michigan University	12	

Calendar of trainings

MONTH	TRAINING TITLE	DATE and TIME	LOCATION	HOSTING UNIVERSITY	PAGE
May 2023	Healing Through Play: A Foster Care Lens	Wednesday, May 3 8:45 AM - 12:00 PM (ET)	GVSU Pew Campus Grand Rapids	Grand Valley State University	9
	An Alternate Model? Informal Social Control of Maltreatment Cross-Culturally	Thursday, May 11 12:00 PM - 1:15 PM (ET)	WEBINAR	University of Michigan	21
	Managing Self-harm and Suicidality for Kids in Care	Friday, May 12 9:00 AM - 12:15 PM (ET)	Live synchronous training via Zoom	Andrews University	6
	Using an Equity Framework in Child Welfare	Monday, May 22 12:00 PM - 1:15 PM (ET)	WEBINAR	Michigan State University	21
June 2023	Culturally Responsive Social Service Practices for Cross-Cultural Helping: Using an Antiracist Framework	Thursday, June 1 1:00 PM - 4:15 PM (ET)	Live synchronous training via Zoom	Wayne State University	16
	Trauma-informed Practices: We're All in this Together	Thursday, June 15 9:00 AM - 12:15 PM (ET)	Live synchronous training via Zoom	University of Michigan	15
	Understanding One's Values and Beliefs and Their Relationship to Cultural Identity and Practice	Thursday, June 15 3:00 PM - 4:00 PM (ET)	WEBINAR	Wayne State University	22
	Non-Violent Communication: Navigating Difficult Conversations	Friday, June 16 12:00 PM - 1:15 PM (ET)	WEBINAR	Michigan State University	22
September 2023	Secondary Trauma Mitigation: Witnessing Trauma in the Workplace	Friday, September 1 10:00 AM - 1:15 PM (ET)	Live synchronous training via Zoom	Northern Michigan University	12

Additional trainings
and exciting new
topics coming
in fall 2023!



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